Arrowhead Warriors Next Steps

Step 1: Register for a US Lacrosse number at usalacrosse.com. (\$20 - \$40 cost based on age)*Note: you will need a valid US Lacrosse number to register at Arrowhead Lacrosse

Step 2: Register for the upcoming season at Arrowheadlacrosse.com (8U) \$200, (10U) \$325, (12&14U) \$375.

Step 3: Buy Gear (New players \$250+) – Gear typically lasts 2-4 seasons

- Players will need a Helmet, Shoulder Pads, Elbow Pads, Gloves, Stick, Cleats, Mouthguard, and Protective Cup.
- Check with Coaches as we may have some gear to loan out for the season
- Prices vary depending on the size of the player. Items can be purchased at Dicks Sporting Goods @
 Desert Ridge/Scottsdale, Lacrosse Unlimited, Lacrosse Monkey, Lacrosse Fanatic, Powell Lacrosse,
 Amazon, or other lacrosse sites or sporting goods stores.

Step 4: Order uniforms (1 Shirt, 2 Shorts – white pair and a blue pair, 1 practice pinnie). (~\$150)

Link can be found under <u>teamstore > squad locker</u> on arrowhead lacrosse website.
 <u>IMPORTANT: Check with Warriors Coaches or board members at practice for number availability</u> prior to placing your order

Step 5: Come ready to play! First practice starts 1st week of December at 6pm

- Practice location: Foothills Sports Complex 19135 N. 57th Ave.
- Practice Times: T & Th 8U 6-7pm, 10U 6-7:30pm, 12 & 14U 6-8pm.
- Bring water and all your gear.
- 2 Games on most Saturdays from mid-January to early April

