





en-year-old Lawson Toth has a schedule that would impress even the busiest adult. A resident of Arrowhead Lakes and the son of Lou

and Maggie Toth, Lawson has already carved out his place in one of the fastest-growing sports in Arizona. Between practices, travel tournaments, and his fifthgrade studies, he is making his mark on the lacrosse field and inspiring other kids in the neighborhood to pick up a stick and join him.

Lawson plays on two teams: the local Arrowhead Warriors and Team 48, a travel squad that competes in tournaments beyond Arizona. While the Warriors play their home games here in the Valley, Team 48 often heads to California, and in future seasons, as the team matures, it will expand its reach to tournaments in Colorado, Maryland, and Chicago. Balancing two teams is demanding, but Lawson thrives on it. "I like both saving and shooting the ball," he says. He began his lacrosse journey as an attacker but eventually found his place in the goal. "I used to play attack, but now I'm a goalie."

For readers unfamiliar with the sport, lacrosse is a fast-paced game that combines elements of basketball, soccer, and hockey. Players use a long stick with a

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netted head, called a crosse, to carry, pass, and shoot a small rubber ball with the goal of scoring. It is known for quick transitions, constant movement, and a dynamic mix of strategy, skill, and physical play. Lawson's love of lacrosse started early. He first picked up a stick at the age of five when his family lived in Colorado. After moving to Arizona at six, he joined the Arrowhead Warriors, and his enthusiasm has only grown.

His practice schedule is not for the faint of heart. The Warriors train twice a week, while Team 48 adds another one or two practices each week during the season. Additionally, Lawson practices on his own for four extra days a week. His dedication reflects not only his drive but also the energy of a sport that offers nonstop movement and excitement for players at every position.

Even with such a packed schedule, Lawson finds time for other interests. He enjoys golf, pickleball, and tennis, and he once played flag football. When he is not on a field or a court, you might find him playing video games or sitting at the piano. At home, he spends time with Gretel, a German shepherd husky mix, and Stella, a lively pup he describes as "everything mixed."

With all his interests, lacrosse remains front and center. For Lawson, the best part of playing is the camaraderie. "I have met a lot of great friends in lacrosse," he says. "I hope more kids in Arrowhead Lakes will come out and play for the local team." When asked why others might enjoy the sport, he explains, "You get to be physical and swing a stick around." He is not sure why he chose lacrosse over other sports he has played, but he thinks it might be because "there is more action for everyone on the field."

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The Arrowhead Warriors, his home team, provide opportunities for boys and girls under 14 across the Valley, teaching skills, teamwork, and sportsmanship. Team 48, his travel team, was established to provide Arizona players with a competitive regional and national experience, while focusing on player growth and positive coaching.

As Lawson looks ahead to more seasons and new tournaments, he is proud to represent both of these programs. More than anything, he is excited to keep playing the game he loves. Whether on the home field with the Warriors or traveling out of state with Team 48, Lawson is proof that passion, hard work, and joy can turn a busy schedule into something truly inspiring. Call or Text us at 602-698-7443 or Email us at Warriors@arrowheadlacrosse.com.











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